

Curriculum: MYP 2
Term 1

Subject: English

I Term			
Unit 1: Justice Redefined		Duration: June - August	
<p>Contents-Contents</p> <p><u>Literary</u> Introduction to play and play-writer : Play- The Tempest by William Shakespeare - Abridged Version by Charles and Mary Lamb. Short Story-The Thief by Ruskin Bond</p> <p><u>Non-Literary</u> Cartoon Strips</p> <p><u>Grammar –</u> Revision of Tense and Punctuation (usage and applications) , Idioms and Proverbs, Synonyms and Antonyms</p> <p><u>Language –</u> Writing Character Sketch, Compare and Contrast Characters/Texts, Script Writing, Journal Writing, Informal Letter Writing, Email writing, Reading Comprehension using excerpts</p>			
Summative assessments:			
Criteria / task	Course content	Date of assignment	Date of submission
B,C & D	Digital Comic Strip Home Task	24th July 2024	12th, August, 2024
A & D	Text based analytical questions	Assessment week 1	
Unit 2: Artistic Inspiration		Duration: September -November	
<p>Contents-Literary Introduction of the author: Short story by O. Henry- The Last Leaf Movie - The Model Millionaire by Oscar Wilde Introduction of the poet and poetry: Poem by Robert Frost - Stopping by the woods on a snowy evening</p> <p><u>Non-Literary</u></p>			

Website- healing-power-of-art.org/art-and-the-brain/

Grammar-

Subject Verb Agreement, Types of Pronouns and its usage, Idioms and Proverbs, Synonyms and Antonyms.

Language

Compare and contrast characters and texts, Identify literary devices, Descriptive Essay Writing , Advertisements, Summary writing, Reading Comprehension using excerpts

Summative assessments:

Criteria/ task	Course content	Date of assignment	Date of submission
D	Oral Assessment	7th - 9th Oct, 2024	7th -9thOct. 2024
A,B,C D	Text Based Analytical Questions, Informal Letter Writing and Descriptive Essay Writing	Term End: (November 2024)	

Subject: Hindi

I Term			
Unit 1: Natural freedom		Duration: July, August (Mid)	
<p>Knowledge- Poem - Barsaat ki Hava (Kedarnath Agrawal) Poem - Vah Desh Kinasa hai ? (Ramnaresh Tripathi) Article- Nature Article- Aspect of freedom.</p> <p>Concept- Discussion on the title of the poem, Analyse on the characters and time of the poem, Summarize in the end of the poem, Grammar-Types of nouns,Types of Pronouns, Types of Verbs, Sentences, Tenses, Elements of Poetry ,Unseen passage</p> <p>Skills - Analysis of questions on the basis of unseen passage, review, How to write self-composed poem, interpretation of poetry , Article writing</p>			
Summative assessments:			
Criteria / task	Course content	Date of assignment	Date of submission

Criterion- A	Questions related to a video / audio clip(s)	25 July 24	25 July 24
Criterion- C	Oral presentation: Describe an image, questions related to the image and general questions.	7,8,9 Aug 24	7,8,9 Aug 24
Criterion- B&D	Reading Comprehension Writing task: Paragraph Writing	SA week	SA week
Unit 2: Trust and identity		Duration: September-November	
<p>Knowledge- poem-Lahron se darkar nouka paar nhee hoti -Poet-Dr.Harivanshroy Bachchan poem-Agneepath Poet- Dr.Harivanshroy Bachchan Story-Idgah - Writer - Premchand Short drama- Angad Ka Confidence Biography-The great personality: Rajendra Prasad Speech -Navyug Bharat - PM Narendra Modi Mann Mein Hai Vishwas -- Television Program Story- Lakshya ki phachan</p> <p>Concept- Evaluate the Mann Mein Hai Vishwas -- Television Program Analyze the themes of the play.-Angad Ka Confidence Describe change the end of the play Create a short film presentation based on the play interpret the poem - Agneepath & Lahron se darkar nouka paar nhee hoti. Summarize the story</p> <p>Grammar- types of tenses and example, types of sentences, types of adjective, prefix, suffix, punctuation, informal letter</p> <p>Skills- Summary of story & poems , performance of drama, presentation of speech ,Change end of the story</p>			
Summative assessments:			
Criteria/ task	Course content	Date of assignment	Date of submission
Criterion- A	Questions related to a video / audio clip(s)	26 September 24	26 September 24
Criterion- C&D	Chart /Poster making Oral presentation: Describe PPT related questions.	23, 24, 25 October 24	23, 24, 25 October 24

Criterion- B&D	Reading Comprehension Writing task: Paragraph Writing	Assessment Week	Assessment Week
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Subject: French

I Term	
Unit 1: La France	Duration: June, July, August (Mid)
<p>Phase 1</p> <p>Knowledge Identifying basic linguistic elements and structures while speaking on the topic 'Friend'. (Parlez de votre copain/copine) Presenting basic and apparent facts about subjects. (Quelles sont les matières que tu préfères ?)</p> <p>Concepts Comprehending the usage of Prepositions (Les prepositions de lieu) by using short and simple sentences. Understanding the meaning and the correct usage of verbs : to come, see, go and can. (Les verbes : venir, voir, aller et pouvoir) by using short and simple sentences. Understanding the meaning and the correct usage of Pronominal verbs (Les verbes pronominaux) by using short and simple sentences.</p> <p>Skills Construct meaning to describe your daily routine and your family. (Décrivez votre famille et Décrivez votre journée typique)</p> <p>Phase 2</p> <p>Knowledge Identifying and using various comprehensive linguistic elements and structures while studying various French festivals. (Les fêtes françaises) Outlining various comprehensive facts about the education system of France. (La vie scolaire en France) Outlining various comprehensive facts about the meals of France. (Les repas en France) Comprehend the meaning to speak about monetary transaction.(Parlez de l'argent) Identifying various French shops.(Les magasins) Identifying various cities in France. (Les villes de France)</p> <p>Concepts Understanding the usage of Prepositions. (Les prepositions de lieu) Understanding the meaning and the correct usage of verbs : to come, see, go and can. (Les verbes : venir, voir, aller et pouvoir) Understanding the meaning and the correct usage of Pronominal verbs. (Les verbes pronominaux)</p> <p>Skills Construct meaning and write a paragraph on your vocations: Where did you go for your vacation</p>	

and how was it? (Où as-tu passé tes vacances et c'était comment?)

Construct meaning and write a letter to your and describe your vacation. (Ecrivez une lettre à votre ami(e) et décrivez vos vacances)

Presenting conversation in a restaurant. (Une conversation au restaurant,)

Recognizing and understanding the meaning of Past tense with the verb être. (Le passé composé avec être)

Summative assessments:

Criteria/ task	Course content	Date of assignment	Date of submission
Criterion- A	Questions related to a video / audio clip(s)	29 July 24	29 July 24
Criterion- C	Oral presentation: Describe an image, questions related to the image and general questions.	7, 8, 9 Aug 24	7, 8, 9 Aug 24
Criterion- B & D	Reading Comprehension Writing task: Paragraph Writing	SA week	SA week

Unit 2: En famille

Duration:
September- November

Phase 1:

Unit 2: En famille

Phase 1:

Knowledge

Identifying various basic linguistic elements and structures while revising grammar. (La revision de la grammaire)

Identifying various basic linguistic elements and structures while studying expressions. (Les expressions)

Concepts

Understanding the usage of demonstrative adjectives (Les adjectifs démonstratifs) by using short and very simple sentences.

Discussing the usage of Pronominal Verbs (Les verbes pronominaux) by using short and very simple sentences.

Discussing the usage of demonstrative adjectives (Les adjectifs démonstratif) by using short and very simple sentences.

Identifying ordinal and cardinal numbers (Les nombreuses ordinaux et cardinaux) by using short

and very simple sentences.

Understanding the meaning and the correct usage of the verb 'must' + infinitif (Le verbe Falloir + infinitif) by using short and very simple sentences.

Skills

Construct meaning to describe your daily routine and your family. (Décrivez votre famille et Décrivez votre journée typique)

Phase 2

Knowledge

Outlining various comprehensive linguistic elements and structures while revising grammar. (La revision de la grammaire)

Discussing various comprehensive linguistic elements and structures while studying expressions. (Les expressions)

Construct meaning to describe your daily routine and your family. (Décrivez votre famille et Décrivez votre journée typique)

Discussing the usage of adjectives demonstratif. (Les adjectifs demonstratifs)

Discussing the usage of Pronominal Verbs. (Les verbes pronominaux)

Understanding the usage of demonstrative adjectives. (Les adjectifs demonstratif)

Identifying ordinal and cardinal numbers. (Les nombreuses ordinaux et cardinaux)

Understanding the meaning and the correct usage of the verb 'must' + infinitif. (Le verbe Falloir + infinitif)

Concepts

Interpreting the usage of adjectives demonstratif (Les adjectifs demonstratifs) by using short and very simple sentences.

Interpreting the usage of Pronominal Verbs (Les verbes pronominaux) by using short and very simple sentences.

Using demonstrative adjectives (Les adjectifs demonstratif) in short and simple sentences.

Outlining ordinal and cardinal numbers (Les nombreuses ordinaux et cardinaux) by using short and very simple sentences.

Understanding the meaning and the correct usage of the verb 'must' + infinitif (Le verbe Falloir + infinitif) by using short and very simple sentences.

Skills

Construct meaning to describe your daily routine and your family. (Décrivez votre famille et Décrivez votre journée typique)

Summative assessments:

Criteria / task	Course content	Date of assignment	Date of submission
Criterion- A	Questions related to a video / audio clip(s)	26 Sep 24	26 Sep 24
Criterion- C & D	Chart /Poster making Oral presentation:	23, 24, 25 Oct 24	23, 24, 25 Oct 24

	Describe an image, questions related to the image and general questions.		
Criterion- B & D	Reading Comprehension Writing task: Paragraph Writing	Assessment Week	Assessment Week

Subject: Sanskrit

I Term			
Unit 1: स्वास्थ्यम् (Health)		Duration- June last, July, August	
<p>Content-</p> <p>Knowledge- Shlokas on health, paragraph and short story(Arogyam sarvochham) , Linga-Vachanani, Shabd Roop introduction: - Ikaranta masculine word- Ravi:, Dhatu Roop - Latlakar, Lritlakar and Lang lakar using sentences, use of Karaka-vibhakti, Pronoun- Kim (all Genders), Synonyms.</p> <p>Concept- Explain Ikarant masculine word form, Describe Lakar- Lat, Lrit and Lang, karak and vibhakti, Pronoun.</p> <p>Skills- Making suitable sentences using shabd Roop and Dhatu Roop, short answer questions, paragraph writing. Correct pronunciation of words and their proper use, Short-dialogue, conversation, picture description.</p>			
Summative assessments:			
Criteria / task	Course content	Date of assignment	Date of submission
A	Questions related to a video / audio clip(s)	July 25, 2024	July 25, 2024
C	Oral presentation Oral presentation: Describe an image, questions related to the image and general questions.	August 9, 2024	August 9, 2024
B & D	Reading Comprehension, Writing task: Paragraph writing	Assessment Week	Assessment Week
Unit 2: देशभक्ति: (Patriotism)		Duration: Sep. to Nov. (mid)	
<p>Knowledge- Shlokas and poem on Patriotism, paragraph, Introduction of Patriots, ShabdRoop – Ikaranta feminine word-mati, pronoun word: (asmad, yushmad) dhaturopam – introduction and use of lotlakar (Agyarthak), avyaya shabda</p> <p>Concept- Explain Ikarant feminine word, Identify Pronoun (I, You), Describe Lakar-Lotlakar, Avayay shabd</p>			

Skills- proper use of wordforms, using suffixes and constructing sentences, making simple sentences, understanding and using the verbs of different tenses, uses of Avayay shabd , paragraph writing.

Summative assessments:

Criteria/ task	Course content	Date of assignment	Date of submission
A	Questions related to a video / audio clip(s)	Sep. 26, 2024	Sep. 26, 2024
C&D	Chart / poster making	Oct. 25, 2024	Oct. 25 , 2024
B&D	Reading Comprehension, Writing task: Paragraph writing	Term End Exam	Term End Exam

Subject: Mathematics

I Term	
Unit: 1	Duration: June - August
<p>1 . Integers</p> <p>1.1 Using Multiplication and Division of integers for problem solving.</p> <p>1.2 Explaining the Properties of Integers</p> <p>1.3 Applying BODMAS for integers</p> <p>2. Fractions</p> <p>2.1 Identifying and conversion of unlike fractions to like fractions</p> <p>2.2 Comparing fractions</p> <p>2.3 Simplification of Fractions (BEDMAS)</p> <p>3. Rational Numbers</p> <p>3.1 Representation of Rational Numbers on the number line.</p> <p>3.2 Applying the Properties of Rational Numbers</p> <p>3.3 Comparing Rational Numbers</p> <p>3.4 Identification and Application of Multiplicative Inverse of Rational Numbers</p> <p>4. Decimals</p> <p>4.1 Multiplication and Division of Decimals</p> <p>4.2 Application of decimals in problem-solving.</p>	

5. Exponents

5.1 Introduction

5.2 Explaining the Laws of Exponents

5.3 Applying Laws of Exponents in Problem-solving

5.4 Obtaining the Powers and roots using Prime factorization.

6. Ratio and Proportion

6.1 Introduction

6.2 Properties and Comparison of Ratios

6.3 Dividing a number in a given ratio

6.4 Proportion – Continued and Mean Proportion

6.5 Application of Unitary Methods (Basics of Direct and inverse variation)

7. Percentage

7.1 Introduction

7.2 Representing percentage as a fraction with denominator 100

7.3 Conversion of fractions and decimals into percentages and vice versa

7.4 Applying the concepts of percentages for obtaining profit, loss, and percentage increase and decrease.

7.5 Discounts

CONCEPT: Using number facts and sequences in real life. How sequences are used in real-life, Expressing Fractions, decimals as quantities, Expressing integers as directed numbers, Estimating a number/quantity as per the degree of accuracy, simplifying problems (use BODMAS rules), writing bigger and smaller numbers in standard form of exponents, Using exponents in real life etc. Using ratio and proportion as scale mappings, Meaning of variations and application in real life. Dividing a number in a given ratio, understanding the concepts of percentage increase or decrease and discounts.

SKILL: Identifying a given sequence and deducing the general rule, Identifying and using natural numbers, integers (positive, negative and zero), prime numbers, square numbers, common factors and common multiples, Comparing fractions, converting fractions into decimals and decimals into fractions. Using decimals and fractions. Simplifying the complex problems using BODMAS rules. Expressing one quantity as a percentage of another, using given data to solve problems on personal and household finance involving increase, decrease in percentage, profit and loss, discounts etc.

Summative assessments:

Criteria / task	Course content	Date of assignment	Date of submission
Criteria:	Integers, Fractions,	6th Aug 2024	16 August 2024

B,C,and D (Home-task-1)	Percentage, Profit and loss and its application.		
Criterion A (Written assessment-1)	Integers, Fractions, Decimals, Percentage, Profit and loss and its application, Ratio and Proportion, Exponents	Assessment Week	Assessment Week
Unit 2: Thinking with Models		Duration: September- November	
<p>Knowledge: Basic terms of algebra (constants, coefficients, variables and powers), types of algebraic expressions. Addition, subtraction and multiplication (power notation), of algebraic expressions. Patterns and sequences, finding solutions Linear equations(one variable only).</p> <p>Concepts: Understanding the basic operation of algebraic expressions, Solving the linear equations using different methods. Significance of framing algebraic expressions and equations.</p> <p>Skills: Identifying algebraic expressions, Simplifying algebraic expressions, Factorization by taking HCF and by grouping, Finding and justifying or proving general rules/formulae for sequences, Framing and finding the solutions of linear equations.</p>			
Summative assessments:			
Criteria/ task	Course content	Date of assignment	Date of submission
Criteria A, B,C,and D	Unit 1 and Unit 2	Term End Exam	Term End Exam

Subject: Individuals and Societies

I Term	
Unit 1: MEDIEVAL INDIA {The World we Live in -Part-II}	Duration: Duration : June - August 2024
<p>Contents:</p> <ul style="list-style-type: none"> Medieval World: India in the Middle Ages: An Introduction to the Rajput dynasties and their 	

Origin

- **The Pratiharas.** The Palas The Cholas Explore different dynasties, like the Delhi Sultanate. Slave Dynasty, the Tughlaqs Rise of the Kings and Kingdoms (Hindu rulers) Major invasions by Mahmud of Ghazni and Mahmud Ghori.
- **The Mughals:** The Rise and Fall of the Great Mughal Empire in India (political, social, economic, and religious life) India after the Mughals Art and architecture, the creation of an empire
- Downfall of the Mughals: Development of Art, Music, Paintings, and Architecture
- New political formations during the century.

Concepts:

- Explore how we can find out about the past. Explore how the Mughal Empire was built. Discuss how different kingdoms developed in different time periods in history.
- Explore what has been the legacy of the kingdoms.
- Compare and contrast the invasions of Mahmud of Ghazni and Mahmud Ghori.
- How can we find out about the past? Identify and differentiate between different types of sources.
- Compare: How did Akbar's approach to religion compare to his style of ruling? Comparing and studying historical evidence, i.e., primary and secondary resources.

Skills:

History skills: Analytical skills, source interpretation skills, investigative skills, chronological skills, source analysis skills, problem solving skills, interpreting skills, case study solving skills, descriptive writing, report writing, and presentation skills.

Drawing inferences through qualitative and quantitative data skills includes summarizing skills, analyzing causes and effects skills, comparing and contrasting skills, and identifying problems and solutions skills.

Summative assessments:

Criteria / task	Course content	Date of assignment	Date of submission
Criterion BCD	Unit I	30th July	14 August
A,C	Unit I	Summative Week -I	Summative Week -I
Unit -2 THE WORLD WE LIVE IN -PART-III		Duration: Mid-September-November	

Knowledge:

- Europe in the Middle Ages and feudalism Knowing and Understanding:
- The Rise of the Church and the Crusades.
- The Rise and Decline of Feudalism and the Rise of Cities during the Renaissance The Renaissance period, the Reformation, and its growth
- Major works of Martin Luther and the Protestant Reformation ideas Spread and the Enlightenment, the Age of Explorations
- Development of scientific temper, Age of Exploration .

Concepts: <ul style="list-style-type: none"> • Impact of religion Influence daily life. How do social divisions influence daily life? • Explore how new discoveries change societies. • How do new discoveries change societies? How does exploration change society? 			
Skills: <ul style="list-style-type: none"> • Mapping skills, problem solving skills, interpreting skills, case study solving skills, descriptive writing, report writing, and presentation skills drawing inferences through qualitative and quantitative data. 			
Summative assessments:			
Criteria/ task	Course content	Date of assignment	Date of submission
B,C,D	Unit II	12 September	27th September,2024
ABCD	Unit I , II	Term End Exam	Term End Exam

Subject: Sciences

I Term			
Unit 1: Organization in living being (Basic ,biology; organization and physiology in living organisms);		Duration: July-August	
Content Unit 1. Organization in living being Contents: Cell- Plant cell, Animal cell, basic structure and function of cell organelles,, cell division 'Mitosis' (basic knowledge), animal tissue and plant tissue, (basic knowledge) Plant - Leaves,roots, transporting water and minerals. Human organ system - digestion and absorption, the human digestive system,Teeth, Enzymes. Transportation of substances in animals- circulatory system in human beings, the heart, Blood, Blood vessels, human excretory system(basic structure), Respiratory system in human - Differentiate between respiration and breathing. Respiratory organs and function			
Summative assessments:			
Criteria / task	Course content	Date of	Date of submission

		assignment	
Crit. D	Unit 1 - Organisation in living being	By 22nd July, 2024	31st July, 2024
Criteria A	Whole unit	(Assessment week)	Same day
Unit 2: Chemistry in your life		Duration: September- October	
Content: <ul style="list-style-type: none"> · Elements and compounds (recapitulation), · Constituent of atoms, Electronic configuration(up to At no. 20) , ion formation, · Valency of elements, writing chemical formula, · Chemical reactions and chemical equations, · Law of conservation of mass, balancing equations, · Basic characteristics of chemical reactions, · Types of reactions - combination, decomposition, displacement and combustion · Particle theory, states of matter, explaining changes of state, · Measuring volume and temperature of liquids, · Metals and non-metals physical properties. · Acids and bases, physical and chemical properties, investigating acids and bases, bases and alkalis, salts, uses of acids, bases and salt, neutralization and its application in life, lab safety. 			
Summative assessments:			
Criteria/ task	Course content	Date of assignment	Date of submission
Crit. B & C	Metals - non-metals	6th September, 2024	19th September, 2024
Crit. A, B, C & D	Complete I term	Term End Exam	Term End Exam

Subject: Design

I Term	
Unit :- App development IDU Unit : FitLife Guide App	Duration: June - .September

Knowledge: Introduction to Applications: Understanding the fundamental principles and functionalities of mobile and web applications, and exploring their benefits in various contexts such as business efficiency, user engagement, and accessibility.

Concept: Exploration of Different Types of Applications:

- Mobile Applications: Study of native, web-based, and hybrid apps, focusing on their design considerations, platform compatibility, and performance.
- Web Applications: Analysis of client-server architecture, front-end and back-end development, and responsive design principles for various devices.

Skills:

- Conducting Research on app development trends and user needs.
- Designing an App Interface with a focus on usability and aesthetic appeal.
- Implementing Basic Programming Concepts such as Events, Loops, Sequences, and Variables.
- Evaluating the Aesthetics of the App to ensure a visually appealing design.
- Testing the Efficiency and User Friendliness of the App through rigorous testing procedures.

IDU:

Knowledge:

- Introduction to Applications: Principles and functionalities of mobile and web applications.
- Exploration of Different Types of Applications: Mobile (native, web-based, hybrid) and Web Applications

Concept :

- Understanding client-server architecture and responsive design principles.
- Understanding the effect of exercises on the body system.
- Monitoring resting and maximum heart rates.
- The role of muscles in movement.

Skills:

- Conducting research on app development trends and user needs.
- Designing an app interface with usability and aesthetic appeal.
- Implementing basic programming concepts (events, loops, sequences, variables).
- Evaluating app aesthetics and testing for efficiency and user-friendliness.

Summative assessments:

Criteria / task	Course content	Date of assignment	Date of submission
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Criterion A, Criterion B, Criterion C, Criterion D	Complete Content (Unit 1)	1 August 2024	2 September 2024
IDU Criteria A, B and C	Integrating fitness into an understanding of our body systems is crucial for optimizing health and well-being. Each system plays a unique role that can be supported and strengthened through appropriate exercise and lifestyle choices.	25th September, 2024	16th October, 2024

Unit :- Line Follower Robot with Avishkaar Kit	Duration: September- October
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Knowledge: Introduction to Robotics:

Understanding the foundational principles of robotics, focusing on mechanisms, sensors, and control systems. Exploring applications of robots in industries and everyday life.

Knowledge: Introduction to Robotics: Understanding the foundational principles of robotics, focusing on mechanisms, sensors, and control systems. Exploring applications of robots in industries and everyday life.

Concept: Building a Line Follower Robot:

- **Mechanics and Assembly:** Understanding the components of the Avishkaar kit, including motors, sensors, and chassis assembly.
- **Sensor Integration:** Integrating line detection sensors and understanding their operation for navigation.
- **Control Systems:** Programming microcontrollers to interpret sensor data and control motor movements for line following.
- **Troubleshooting and Optimization:** Debugging circuits, refining algorithms, and optimizing robot performance for speed and accuracy.

Skills:

- Conducting Research on robotics principles and applications.
- Designing and Assembling the Line Follower Robot using the Avishkaar kit.
- Implementing Basic Programming Concepts such as loops, conditional statements, and sensor interfacing.
- Evaluating the functionality and performance of the Line Follower Robot through practical testing and adjustments.
- Documenting and Presenting the project, including its design, construction, and performance evaluation.

Subject- ARTS

I Term

Unit 1: VA

Duration: 24 June- 22 September 2024

Content-Knowledge

- Basics of composition
- Still Life
- Poster designing

Skills

- Tones and value. Understanding of tonal values through pencil shading. · Still Life and Creative composition of geometric/organic shapes in pencil, Charcoal, Water Colour, Dry Pastels and Poster colors..

Concept

- Concept of composition

- Concept of Poster with some message
- Concept of tonal value

Summative assessments:

Criteria / task	Course content	Date of assignment	Date of submission
Criteria A [Investigating] B [Developing], C [Creating], D [Evaluating] (All Strands)	Basics of composition Still Life Tones and value.Understanding of tonal values through Various mediums. Creative composition of geometric/organic shapes in different mediums and of some objects in various types of color schemes. Concept and designing of Poster	9th Sep 2024	17th Sep 2024

Unit 2: Dance

Duration:

September to December 2024

Contents: Content - Concept of hip hop and western dance style, Concept of Contemporary Dances, How this dance has evolved through eras, Structure of contemporary dances, Basic moves of these dances, Generate original choreography, Concept of free style , How to perform freestyle, How to understand musicality

Summative assessments:

Criterion/ task	Course content	Date of assignment	Date of submission
Criteria A [Investigating] B [Developing], C [Creating], D [Evaluating] (All Strands)	Content - Concept of hip hop and western dance style, Concept of Choreography Dances, How this dance has evolved through eras, Foundation of hip hop dances, Basic moves of these dances, Generate original choreography, Concept of free style , How to perform freestyle, How to understand musicality	11 Nov.	18 Nov. 2024

Subject: PHE

I Term			
Unit 1: Body System IDU with Design IDU Unit : FitLife Guide App		Duration: July to August	
Content- Content- Body systems Effect of exercise Energy system Fitness components			
Knowledge: <ul style="list-style-type: none">● Introduction to Applications: Principles and functionalities of mobile and web applications.● Exploration of Different Types of Applications: Mobile (native, web-based, hybrid) and Web Applications			
Concept : <ul style="list-style-type: none">● Understanding client-server architecture and responsive design principles.● Understanding the effect of exercises on the body system.● Monitoring resting and maximum heart rates.● The role of muscles in movement.			
Skills: <ul style="list-style-type: none">● Conducting research on app development trends and user needs.● Designing an app interface with usability and aesthetic appeal.● Implementing basic programming concepts (events, loops, sequences, variables).● Evaluating app aesthetics and testing for efficiency and user-friendliness.			
Summative assessments:			
Criteria / task	Course content	Date of assignment	Date of submission

A- Knowing and understanding,	Knowledge: Development and understanding of the muscular system , Cardiovascular system.	26 July 2024	31 July 2024
B- Planning for performance	Effects of exercise on the muscular and circulatory/cardiovascular system. Body systems adaptation to exercise: • Resting and Maximum Heart Rates • The role of muscles in movement • Energy system : Aerobic and Anaerobic exercise	16 Aug 2024	16 Aug 2024
C - Applying and performing	Skills: Fitness components Strength, Speed,Agility,Endurance,Flexibility. Concepts: Understanding the effect of exercises on the body system.	30 Aug 2024	30 Aug 2024
Criteria/ task	Course content	Date of assignment	Date of submission
IDU- All criteria Design (A,B, and C,)	All the above	30h August 2024	1 August 2024 to 2 September 2024
A and C	All the contents of unit 1	Assessment week-1	Assessment week-1
Summative assessments:			
Criterion/ task	Course content	Date of assignment	Date of submission
C: Applying and Performing	Knowledge - National and International tournaments, Cricket Formats, Rules and Regulations.	20 Sep 2024	20 Sep 2024
D: Reflecting and improving Performance	Skills- Batting Stance,cover drive,straight drive,frontfoot defense and backfoot defense. Horizontal shots- Pull shot ,square cut,sweep shots,innovative shots, Running Between the wicket - Call judgment,Dragging the bat. Bowling - Medium pace bowling - grip,outswing,inswing,Spin Bowling - Off spin,Leg Spin. Fielding - ground fielding,high catches,parallel catches (Match Practice: Inter class) Concepts - Match tactics - strength	18 Oct 2024	18 Oct 2024

	of our team,Changing players responsibility according to our team situations.		
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